

ACRA SEVEN-LANE PROGRESSION SYSTEM

For the 2023 regatta the following progression system would be used, same as the 2022 regatta. However, if entries so require, to create room in the schedule the following boats would be moved to the coxless progression, in the following order per the incliment weather policy:

- 1 Novice and Lightweight fours
- 2 Novice eights
- 3 JV and 3V eights, and Varsity fours
- 4 Varsity eights

FOR COXED BOATS (8+, 4+)

Number of Entries	Number of Heats/Progression	Number of Reps/Progression	No. of Semis/ Progression	# of Finals	Total number of races required per event
0-7	Race For Lanes:	0-4 entries in one race; *5-7 entries into 2 "heats"	0	1	2 or 3 (1 or 2 Sat & 1 Sun)
8-11	2 heats, 2 to final	1 rep, 2 to final, *3+ B final	0	2	5 (2 Fri, 1 Sat & 2 Sun)
12-14	2 heats, 2 to final	2 reps, 1 to final, *3+ B final	0	2	6 (2, Fri, 2 Sat & 2 Sun)
15-16	3 heats, 3 to semi-final	1 rep, 3 to S-F, *4+ to C final	2 semis, 3 to final	3	9 (4 Fri, 2 Sat & 3 Sun)
17-19	3 heats, 2 to semi-final	2 reps, 2 to A/B S-F, 4+ to C Final.	2 semis, 3 to final	3	10 (5 Fri, 2 Sat & 3 Sun)
20-22	4 heats, 2 to semi-final	2 reps, 2 to A/B S-F, 3+ to C/D S-F	2 A/B semis, 3 to Final and 3 to B Final; 2 C/D semi-finals, top 3 to C final, 4+ to D final	4	14 (6 Fri, 4 Sat & 4 Sun)
23-26	4 heats, 2 to semi-final	4 reps, 1 to A/B S-F, 2-4 to C/D S-F, 5+ to E Final	2 A/B semis, top 3 to Final, 4+ to B Final; 2 C/D semis top 3 to C final, 4+ to D final	4	16 (8 Fri, 4 Sat & 4 Sun)
27-28	4 heats, 2 to semi-final	4 reps, 1 to A/B S-F, 2-4 to C/D S-F, 5+ to E Final	2 A/B semis, top 3 to Final, 4+ to B Final; 2 C/D semis top 3 to C final, 4+ to D final	5	17 (8 Fri, 5 Sat & 4 Sun)
29-31	Time Trial, Top 8 to A/B semis, 9+ to reps	4 reps, 1 to A/B S-F, 2-4 to C/D S-F, 5+ to E Final	2 A/B semis, top 3 to Final, 4+ to B Final; 2 C/D semis top 3 to C final, 4+ to D final	5	14 (1 tt + 4 Fri, 5 Sat & 4 Sun)
32-36	Time Trial, Top 8 to A/B semis, 9+ to reps	4 reps, 1 to A/B S-F, 2-4 to C/D S-F, 5-7 to EF S-F	2 A/B semis, top 3 to Final, 4+ to B Final; 2 C/D semis top 3 to C final, 4+ to D final, 2 E/F semis top 3 to E final, 4+ to F final	6	17 (1 tt + 4 Fri, 6 Sat & 6 Sun)

FOR COXLESS BOATS (4x, 2-, 2x, 1x)

Number of Entries	Number of Heats/Progression	Number of Reps/Progression	No. of Semis/ Progression	# of Finals	Total number of races required per event
0-7	1 Race for Lanes	0	0	1	2 (1 Sat, 1 Sun)
8-13	2 heats, 3 to A Final, 4+ to B Final	0	0	2	4 (2 Sat, 2 Sun)
14	2 heats, 3 to A Final, 4-6 to B Final, 7th to C Final	0	0	3	5 (2 or 3 Sat, 2 or 3 Sun)
15-19	3 heats, top 4 to A/B semis, 5+ to C Final	0	2 A/B semis, top 3 to A Final, 4+ to B Final	3	8 (3 Fri, 3 Sat, 2 Sun)
20-21	3 heats, top 4 to A/B semis, 5-6 to C Final, 7th to D Final	0	2 A/B semis, top 3 to A Final, 4+ to B Final	4	9 (3 Fri, 4 Sat, 2 Sun)
22+	Time Trial, Top 18 to A/B/C semis, 19-24 to D Final, 25-30 to E Final, etc.	0	3 A/B/C semis, top 2 to A Final, 3-4 to B Final, 5-6 to C Final	5+	9 (1 Fri, 3+ Sat, 3 Sun)